

A dark blue vertical bar is on the left. A blue arrow points right from it, containing the date.

5/15/2014

Community Resource Assistance Guide

Rutherford County, NC

Several thin, curved lines in dark blue and light gray originate from the bottom left corner and sweep upwards and to the right.

N.C. Division of Workforce Solutions

Childcare

Agency Name: **Department of Social Services**
Address: 389 Fairground Road, Spindale NC 28160
Phone: 828-287-6269
Contact Person: Gregory Osborne, Work First/Day Care Supervisor
Email: gregory.osborne@rutherfordcountync.gov
Website: http://www.rutherfordcountync.gov/dept/social_services/Main.php
Service(s) Offered: The Child Day Care Program is a 100% federally funded program that provides financial assistance for childcare to those families who qualify. This program has several objectives including enabling parents to maintain full time employment in order to support their family or to participate in job training or education that will help them become employed or enhance their current employment. Child Day Care Services are also provided to children receiving Child Protective Services, if needed to help maintain their placement and safety in their own home. Child Care can also be provided to children in need of early intervention to enhance their development and to aid in the reunification of families whose children are in out of home placements and to prevent children from being removed from their home.

Agency Name: **Family Resources of Rutherford County Inc.**
Address: PO Box 845 Spindale, NC 28160
Phone: 828-286-3411
Contact Person: Libby Mullinax
Email: famres@rfci.net
Website: www.familyresourcesrc.com
Service(s) Offered: Parental classes, help for abused children, anger management classes and PATH – Domestic Violence Shelter. Mon.-Fri. 8:30am-5pm

Agency Name: **Youth Empowerment**
Address: PO Box 252, 182 Sparks Dr., Forest City, NC 28043
Phone: 828-287-1021
Email: youthempower@bellsouth.net
Website: www.youthempowermentinc.org
Service(s) Offered: Provides children with tutoring, conflict and anger management assistance, interpersonal skill building, leadership development, service learning and healthy after-school activities; advocate for children and provides resource referrals.

Clothing

Agency Name: **Chase Corner Ministries**
Address: 1604 Chase High Rd, Forest City NC 28043
Phone: (828) 247 - 0096
Contact Person: Regina Johnson
Email: chasecornerumm@att.net
Website: (no website available)
Service(s) Offered: emergency assistance for food, clothing, utility, rent and medication assistance once every 6 months. Food pantry available to all M-F 8:30am-2:30pm AND 2nd Saturday of each month, 8:30am -2:30pm

Agency Name: **Green Hill Baptist Church**
Address: 1941 US 64/74 Rutherfordton, NC 28139
Phone: 828-287-2170 or 828-980-5213
Services Offered: Clothes closet, food pantry

Agency Name: **Hospice Thrift Store**
Address: 631 Oak Street, Forest City NC 28043
Phone: (828) 248-9305
Contact Person: **Brian Strupp, Manager**
Email: (no email available)
Website: www.hospiceofrutherford.org/resale-shop
Service(s) Offered: Every Tuesday is BOGO* on clothing. Storewide half-price sale is the first Thursday, Friday and Saturday of every month M-Sat.9:30am – 5pm

Agency Name: **The Salvation Army**
Address: 524 Withrow Road, Forest City, NC 28043
Phone: 828-287-0119
Contact Person: David Craddock
Email: David_Craddock@uss.salvationarmy.org
Website: <http://www.salvationarmycarolinas.org/commands/shelby>
Service(s) Offered: food, clothes, prescriptions and utility bills. During the Christmas season the "Christmas Cheer Center" gives gifts to children and families.

Agency Name: **Yokefellow**
Address: 102 Blanton St., Spindale NC 28160
Phone: (828) 287-0776
Contact Person: Carolyn Hardin
Email: yokefellow1@att.net
Website: <http://www.yokefellow-rc.org/>

Service(s) Offered: Provides payments directly to the vendors of mortgage/rent, utilities, prescription medications, and heating fuels. Direct assistance is given with clothing, food, and household items.

Education/Training

Agency Name: **NC Department of Commerce, Division of Workforce Solutions**
Address: 139 East Trade Street, Forest City, NC 28043
Phone: (828) 245-9841
Contact Person: Sandra Miller Camp, Manager
Email: sandra.millercamp@nccommerce.com
Website: <https://www.ncworks.gov>
Service(s) Offered: Basic skills workshops, Trade Adjustment Act training. M-F 8am-4:30pm

Agency Name: **Even Start**
Address: 900 Carver Street, Spindale NC 28160
Phone: (828) 287-5859
Contact Person: Nickey Lewis
Email: plewis@rcsnc.org
Website: <http://cc.rcsnc.org/>
Service(s) Offered: Parents who have a child between 0-7 years of age and want to work toward a GED or Adult High School Diploma to improve reading and math skills. Must live in Rutherford County School District. Please call for more information. M-T

Agency Name: **Isothermal Community College**
Address: P.O. Box 804, 286 ICC Loop Road, Spindale, NC 28160
Phone: (828) 286-3636 ext. 251
Contact Person: Admissions Office
Email: admissions@isothermal.edu
Website: <http://www.isothermal.edu/>
Service(s) Offered: education/training: GED, Adult High School Diploma, College and Career Readiness, ESL Career Readiness Certificate (CRC) improve math and reading skills, occupational certification.

Agency Name: **Isothermal Planning & Development Commission**
Address: 111 West Court St., Rutherfordton, NC 28139
Phone: (828) 287-2281
Contact Person: Linda Sprouse
Email: lsprouse@regionc.org
Website: <http://regionc.org/IPDC/>
Service(s) Offered: Workforce Investment Act (WIA) providing funds for employment and training needs of dislocated workers, and low income adults and youth.

Agency Name: **Job Corps**
Address: 311 Callahan Koon Road
Phone: (828) 287-6165
Contact Person: Call Raleigh to schedule an appt. 1-800-662-7948
Email: (no email available)
Service(s) Offered: Free education and training program that helps eligible young people between 16 – 24 years of age learn a career earn a high school diploma or GED and find and keep a good job. Interviewing schedule is posted at DSS. Call Raleigh at 1-800-662-7948 where operator will provide general information, refer you to the admissions counselor closest to where you live and mail you an information packet.

Agency Name: **Rutherford County Schools**
Address: 382 West Main Street, Forest City, NC 28043
Phone: (828) 288-2200
Contact Person: Central Administrative Offices
Email: (no email available)
Website: <http://www.rutherford.k12.nc.us/>
Service(s) Offered: preschool through high school, public education.

Employment

Agency Name: **NC Department of Commerce, Division of Workforce Solutions**
Address: 139 East Trade Street, Forest City, NC 28043
Phone: (828) 245-9841
Contact Person: Sandra Miller Camp, Manager
Email: Sandra.millercamp@nccommerce.com
Website: <https://www.ncworks.gov>
Service(s) Offered: job placement basic skills training, labor market information, Trade Adjustment Act training, veteran employment services, re-employment services, assistance with resume writing, WIA training, access to computers, fax, copier to use for job search.

Agency Name: **Work First/DSS**
Address: 389 Fairground Road, Spindale NC 28160
Phone: (828) 287-6165
Contact Person: Kelly Murray or Jill Hutchins, Work First Supervisors.
Email: (not available)
Website: http://www.rutherfordcountync.gov/dept/social_services/Main.php
Service(s) Offered: Prepares Work First recipient to become employed and self-supporting. Offers short-term training, education, work experience and supportive services such as transportation and child care.

Financial

Agency Name: **Foothills Credit Counseling, Inc.**
Address: 128 Ohio Street, Spindale, NC 28160
Phone: 828-286-7062
Contact Person: Nikki Carpenter
Email: info@fhccinc.org
Website: <http://fhccinc.org/>
Service(s) Offered: Financial Counseling, Money Management, Debt Management, Consumer Credit Education, HUD -approved Housing Counseling, **Pre- and Post-Bankruptcy Counseling, North Carolina Foreclosure Prevention Fund, Senior Financial Care.**

Agency Name: **Social Security**
Address: 707 Schenck Street, Shelby NC 28150
Phone: (828) 287-0433 local (800) 772-1213 toll free (800) 325-0778 TDD
Website: www.ssa.gov
Service(s) Offered: Disability benefits, apply for new/replacement Social Security Cards, order benefits statements. Call for appointments.

Food

Agency Name: **Chase Corner Ministries**
Address: 1604 Chase High Rd, Forest City NC 28043
Phone: **(828) 247 - 0096**
Contact Person: Regina Johnson
Email: chasecornerumm@att.net
Service(s) Offered: emergency assistance for food, clothing, utility, rent and medication assistance. Food pantry available to all. M-F 8:30am – 2:30pm

Agency Name: **Faith Temple Christian Church**
Address: 151 Kentucky St., Spindale, NC 28160
Phone: 828-395-2057
Contact: Tracy Martin, Pastor
Website: www.faithtempleworshipcenter.org
Service(s) Offered: Soup ministry every 2nd Tuesday of every month at 6:00pm

Agency Name: **First Baptist Church of Spindale NC 28160**
Address: 144 Steward St., Spindale, NC 28160
Phone: (828) 286-2256

Service(s) Offered: Food giveaway the 3rd Thursday of each month; devotion and prayer service between 6:00pm and 6:30pm with bags of food given away afterwards.

Agency Name: **First United Methodist Church**
Address: 264 North Main St. Rutherfordton, NC 28139
Phone: 828-286-3704
Email: firstchurchadmin@bellsouth.net
Website: www.fumcrutherfordton.org/
Services Offered: Serves free meal every Monday from 5-6:30 pm in the Fellowship Center. Everyone is Welcome.

Agency Name: **Forest City Foursquare Church**
Address: 178 Cornwell Street, Forest City NC 28043
Phone: (828) 248-1635
Email: forestcity4sqch@att.net
Website: <http://forestcityfoursquare.org/>
Service(s) Offered: Food give-away 3rd Saturday of every month at 9:00am

Agency Name: **Grace Country Kitchen @ Grace of God Rescue Mission**
Address: 537 West Main Street, Forest City, NC 28043
Phone: 828 245-9141
Contact Person: Terry & Sherry Hagaman
Website: <http://thegraceofgodrescuemission.com/>
Service(s) Offered: helps homeless men, women, and children with food, shelter and transportation, helps the hungry with an evening meal seven nights a week (hours/days: 4:45PM-5:45PM/Daily), helps the addicted with a drug rehabilitation program.

Agency Name: **Green Hill Baptist Church**
Address: 1941 US 64/74, Rutherfordton, NC 28139
Phone: 828-287-2170 or 828-980-5213
Services Offered: Food pantry; clothes closet.

Agency Name: **Hickory Nut Gorge Outreach Center**
Address: 2594 Memorial Highway, Lake Lure, NC 28746
Phone: 828-625-4683
Contact: Mary Ann Ransom
Website: www.hickorynutgorgeoutreach.org
Services Offered: Food pantry and utility bill assistance available on as needed basis for Emergencies and services the Gorge. Open Mon-Fri, 10am-3pm.

Agency Name: **Immaculate Conception Roman Catholic Church**
Address: 1024 W. Main Street, Forest City NC 28043
Phone: (828)245-4017
Email: ImmConcepForestCity@charlottediocese.org

Website: <http://parishesonline.com/scripts/hostedsites/Org.asp?ID=12892>
Service(s) Offered: Hot meals M, W, TH 11:30am-12:30pm

Agency Name: **New Beginnings Soup Kitchen @ Green River Baptist Association**
Address: 668 N. Washington Street, Rutherfordton, NC 28139
Phone: (828) 286-9278
Website: <http://greenriverbaptistassociation.com>
Service(s) Offered: meal every Thursday from 4:30pm to 6:00pm

Agency Name: **St. Gabriel's Episcopal Church**
Address: 330 N. Ridgecrest Ave., Rutherfordton, NC
Phone:
Contact Person: Helen Lynch
Website: <http://www.stgabriel.diocesewnc.org/index.html>
Service(s) Offered: Meal every Wednesday from 11am – 2pm

Agency Name: **The Salvation Army**
Address: 524 Withrow Road, Forest City, NC 28043
Phone: 828-287-0119
Contact Person: David Craddock
Email: David_Craddock@uss.salvationarmy.org
Website: <http://www.salvationarmycarolinas.org/commands/shelby>
Service(s) Offered: food, clothes, prescriptions and utility bills. During the Christmas season the "Christmas Cheer Center" gives gifts to children and families.

Agency name: **The Storehouse Pantry**
Address: Back entrance near Roses (Old Transit Damage Furniture)
Hours Open: 11:00 am-1:00 pm, as follows:

First Thursday of each month: Only Residents of Forest City/Ellenboro areas Second Thursday of each month: Only Residents of Rutherfordton, Spindale, Ruth, and Green Valley areas. Third Thursday of each month: Only Residents of Bostic, and Golden Valley areas Fourth Thursday of each month: Excluding Thanksgiving, Only Residents of Cliffside, Henrietta, Mooresboro, and Harris areas Every Tuesday @ 1:30 pm: Produce and Miscellaneous Items
Service(s) Offered: Christian based, non-profit organization trying to meet the need of the people of Rutherford County, with food and other items. Volunteer their time and rely on donations to operate.

Agency Name: **West Point Baptist Church**
Address: 1160 Union Road, Rutherfordton, NC 28139
Phone: 828-287-0165
Service Offered: Food pantry. Call above number for a food pick up appt.

Agency Name: **Yokefellow**
Address: 102 Blanton St., Spindale, NC 28160
Phone: 828 287- 0776
Contact Person: Carolyn Hardin
Email: yokefellow1@att.net
Website: <http://www.yokefellow-rc.org/>
Service(s) Offered: Provides payments directly to the vendors of mortgage/rent, utilities, prescription medications, and heating fuels. Direct assistance is given with clothing, food, and household items

Home Health

Agency Name: **Department of Social Services**
Address: 389 Fairground Road
Phone: 828-287-6269
Contact Person: Vic Martin
Email: vic.martin@rutherfordcountync.gov
Website: [http://www.rutherfordcountync.gov/dept/social_services/Main.phpService\(s\)](http://www.rutherfordcountync.gov/dept/social_services/Main.phpService(s))

Offered: In Home Aide Services, Special Assistance In-Home Services

Agency Name: **Rutherford County Home Health Agency**
Address: 221 Callahan Koon Road, Spindale NC 28160
Phone: (828) 287-6026
Contact: Call for more information regarding home health.
Website: <http://www.rpmhd.org/services/home/index.htm>
Service(s) Offered: Works closely with referral sources to coordinate skilled nursing, physical therapy, occupational therapy, medical social worker, patient and caregiver education, speech therapy, certified nursing assistant, and coordination of services.

Legal Aid

Agency Name: **PISGAH LEGAL SERVICES**
Address: P. O. Box 2276, Asheville, NC 28802
Spindale Office: 187 West Main Street, Spindale, NC 28160
Phone: 1-800-489-6144, toll-free for clients
1-828-247-0297, Spindale Phone
1-828-210-3432, Spindale Fax
Email: info@pisgahlegal.org
Website: <http://www.pisgahlegal.org/>
Service(s) Offered: helps children, families, and adults solve problems that affect their basic needs, such as housing, safety from domestic violence or abuse, health care (including Medicaid or Medicare access),

Subsistence income (SSI, SSDI) Education and Immigration services

Agency Name: **Legal Aid of North Carolina**
Address: 547 Haywood Road, Asheville, NC 28806
Phone: 877-439-3480
Contact Person:
Email: angied@legalaidnc.org
Website: <http://www.legalaidnc.org/>
Service(s) Offered: civil cases, including the following: Family Law-family law problems where domestic violence is involved. Education Law-cases involving services for children with special needs, as well as discipline/suspension/expulsion cases. Employment Law-including problems with wage claims, unemployment compensation and discrimination. Public Benefits Law-cases involving Social Security overpayments. Senior Citizens-legal problems of seniors which have statewide impact.

Local/County Government

Agency Name: **Rutherford County**
Address: 289 N. Main St., Rutherfordton, NC 28139
Phone: (828)287-6060
Contact Person: **Carl Classen**, County Manager
Email: carl.classen@rutherfordcountync.gov
Website: <http://www.rutherfordcountync.gov/>
Service(s) Offered: Variety of services ranging from animal control to veteran administration, libraries to voter registration, ambulance service to recycling, social services, senior citizens, and public health services.

Agency Name: **Rutherford County Transit**
Address: 294 Fairground Road
Phone: (828) 288-1830
Contact Person: Kerry Giles
Email: info@rutherfordcountync.gov
Website: <http://www.rutherfordcountync.gov/dept/transit/Main.php>
Service(s) Offered: Affordable community connection. Scheduled routes will run Monday-Friday between 8am-6pm. Call for more information.

Agency Name: **Veterans' Services**
Address: 303 Fairground Road, Spindale NC 28160
Phone: (828) 287-6185
Contact Person: Director Marie H. Champion
Email: marie.champion@rutherfordcountync.gov
Website: http://www.rutherfordcountync.gov/dept/veteran_services/Main.php

Service(s) Offered: Assist all veterans and dependents with VA benefits. Please call for appointment.

Medical Care

Agency Name: **Rutherford Health Center**
Address: 187 W Main St, Spindale, NC 28160
Phone: 828-288-2881 or 828-692-4289
Contact Person: Misty Nelson, Director
Email: info@brchs.com
Website: www.brchs.com/location/rutherford-community-health-center
Service(s) Offered: Family medicine, behavioral health, patient education and outreach, Dental services are planned to be added within the next year. Will accept most insurance plans, including Medicare and Medicaid, and will accept patients without insurance on a sliding scale based on family size and household income:
Hours open: Monday 8-5, Tues 8-8, Wed 8-5, Thurs 8-8, Fri 8-noon.

Agency Name: **Medicaid/DSS (Families and Adults)**
Address: 311 Callahan Koon Road, Spindale NC 28160
Phone: (828) 287-6165
Website: http://www.rutherfordcountync.gov/dept/social_services/Main.php
Service(s) Offered: Age 65 and older, disabled and/or blind, pregnant women, children and parents who need medical bill assistance. Call for more information. M-F 8:30am-5pm

Agency Name: **NC Health Choice (Health Department)**
Address: 221 Callahan Koon Road, Spindale NC 28160
Phone: (877) 252-8066
Website: www.dhhs.state.nc.us/dma
Service(s) Offered: Free or low cost health insurance for eligible children and teens. Benefits include: well child checkups, medicines, sick visits, dental care, hospital care, lab tests, counseling, therapies, surgeries, medical equipment/supplies, immunizations and vision/hearing care.

Agency Name: **Rutherford County Health Department**
Address: 221 Callahan Koon Road, Spindale NC 28160
Phone: (828) 287-6160
Website: <http://www.rpmhd.org/services/>
Service(s) Offered: Provides health screenings and health fairs for industries and agencies. Provides influenza and tetanus vaccines for adults. Other services include: breast and cervical cancer control program, child service coordination, environmental services, HIV_AIDS, STD and TB program, home health agency, immunization clinic,

maternity care program, SIDS program, WIC program and women's preventive health.

Mental Health

Agency Name: **Blue Ridge Counseling Services**
Address: 148 East Main Street, PO Box 322, Spindale NC 28160
Phone: (828) 286-0501
Service(s) Offered: Outpatient counseling for substance abuse issues, DWI assessments/treatments and employee assistance programming

Agency Name: **Rutherford Life Services**
Address: 230 Fairground Road, Spindale NC 28160
Phone: (828) 286-4352
Service(s) Offered: Must be 16 years of age or older and physically or mentally disabled and referred by Vocational Rehab, Rutherford County Interagency Council or private rehabilitation. Assists disabled adults with vocational assessment, vocational training and evaluation; work adjustment; adult development activities in personal skills; job coaching and work skills. Provides mentorship and companionship.

Agency Name: **Family Preservation Services, Inc**
Address: 271 Callahan Koone Rd, Spindale, NC 28160
Phone: 828-287-7945
Website: www.fpscorp.com/
Service(s) Offered: A full range of community, home and school-based services, to respond to state and local needs. Virtual Residential Program provides families, schools and communities with a community-based alternative to unnecessary out-of-home placements. FPS of NC also offers individual, family and group therapy, community-based professional and para professional services, adolescent sex offender services, and out-patient services.

Agency Name: **Smoky Mountain Center LME**
Address: 356 Biltmore Avenue, Asheville NC 28801
Phone: (800) 855-2280 or 828-225-2785 24 hour Access/Crisis Number
Website: <http://www.smokymountaincenter.com>
Service(s) Offered: Smoky Mountain Center can connect you with services directly or provide you with information about what steps to take in a Mental Health or Substance Abuse Crisis. Anyone can call WHLME for information 24 hours a day, 7 days a week, 365 days a year. Please call 911 if someone is in immediate danger or if someone has been harmed.

Agency Name: **Families Together Inc.**
Address: Mobile Crisis Management serving Buncombe, Henderson, Madison, Mitchell, Polk, Rutherford, Transylvania and Yancey counties
Phone: 1-888-573-1006
Service(s) Offered: On-site crisis management to prevent hospitalization or out of home placement for children and adults in crisis.

Miscellaneous (Other Services)

Agency Name: **United Way 2-1-1**
Phone: Simply dial 2-1-1
Service(s) Offered: Dial from home, office, or cell phone, anytime 24 hours per day, 365 days each year to learn about vital services to your community. This call is FREE, CONFIDENTIAL, and available IN ANY LANGUAGE.

Agency Name: **Life Care Adult Day Health Center/Rutherford Life Services**
Address: 859 Thunder Road, Spindale, NC 28160
Phone: 828-288-1697
Contact: Christy Beddingfield, Director
Email: cdunaway@rutherfordlifeservices.com
Website: www.rutherfordlifeservices.com/lifecare.html
Service(s) Offered: Life Care needs of impaired adults that allows people to remain in their homes as long as possible; enhances participant, caregiver and families lives. Nursing, personal care, therapy, exercise, daily devotions,; social events. Hours: Mon-Fri, 7:30-5:30

Agency Name: **Rutherford County Senior Center**
Address: 193 Callahan Koon Road, Spindale NC 28160
Phone: (828) 287-6409
Contact Person: Angela Ezell
Email: angela.ezell@rutherfordcountync.gov
Website: http://www.rutherfordcountync.gov/dept/senior_center/Main.php
Service(s) Offered: Provides counseling, information and referral, comprehensive health screening, congregate meals, home delivered meals, monthly blood pressure clinics, social work, case management, volunteer services, income tax preparation counseling, legal referrals, senior advocacy, SHIP insurance counseling. Senior recreational activities are available.

Rent/Utility/Housing

Agency Name: **Chase Corner Ministries**
Address: 1604 Chase High Rd, Forest City NC 28043
Phone: **(828) 247 - 0096**
Contact Person: Regina Johnson
Email: chasecornerumm@att.net
Service(s) Offered: Emergency assistance for food, clothing, utility, rent and medication assistance once every 6 months. Food pantry is available to all. M-F 8:30am-2:30 pm AND 2nd Saturday of each month, 8:30 am-2:30 pm

Agency Name: **Foothills Credit Counseling, Inc**
Address: 128 Ohio Street, Spindale, NC 28160
Phone: 828-286-7062
Contact Person: Nikki Carpenter
Email: info@fhccinc.org
Website: <http://www.fhccinc.org/>
Service(s) Offered: Financial Counseling, Money/Debt Management, Consumer Credit Education, HUD approved Housing Counseling, **Pre/Post Bankruptcy Counseling, North Carolina Foreclosure Prevention Fund, and Senior Financial Care.**

Agency Name: **Forest City Public Housing Authority**
Address: 147 East Spruce Street, Box 2, Forest City NC 28043
Phone: (828) 245-1390
Service(s) Offered: Rental housing for low income families; provides handicap units when available. Applicants are referred for application by DSS, service agencies, churches or individual application. Requires waiting list.

Agency Name: **Habitat for Humanity**
Address: PO Box 1534, Rutherfordton NC 28139
Phone: (828) 248-3178
Contact Person: Kim Freeman
Email: rutherforddhfh@bellsouth.net
Website: <http://rutherforddhfh.org/>
Service(s) Offered: Through volunteer labor and tax-deductible donations of money and materials, Habitat builds simple, decent houses with the help of the homeowner (partner) families. Habitat houses are **sold** to partner families at no profit, financed with 20 - 25 year, no-interest loans. The homeowners' monthly mortgage payments are then used to build more houses

Agency Name: **Section 8 Housing (Isothermal Planning and Development Commission)**
Address: 111 West Court St., Rutherfordton, NC 28139

Phone: (828) 287-2281
Website: <http://regionc.org/section8/web.cfm?CID=385>
Service(s) Offered: The Housing Choice Voucher (HCV) program is the federal government's major program assisting very low-income families, the elderly and/or the disabled to afford decent, safe and sanitary housing in the private market. Since housing assistance is provided on behalf of the family or individual, participants are able to find their own housing, including single family homes, townhouses and apartments. The voucher holder is free to choose any housing that meets the requirements of the program.

Agency Name: **The Salvation Army**
Address: 524 Withrow Road, Forest City, NC 28043
Phone: 828-287-0119
Contact Person: David Craddock
Email: David_Craddock@uss.salvationarmy.org
Website: <http://www.salvationarmycarolinas.org/commands/shelby>
Service(s) Offered: food, clothes, prescriptions and utility bills. During the Christmas season the "Christmas Cheer Center" gives gifts to children and families.

Agency Name: **Yokefellow**
Address: 102 Blanton St., Spindale NC 28160
Phone: (828) 287-0776
Contact Person: Carolyn Hardin
Email: yokefellow@skycatcher.com
Website: <http://www.yokefellow-rc.org/>
Service(s) Offered: Provides payments directly to the vendors of mortgage/rent, utilities, prescription medications, and heating fuels. Direct assistance is given with clothing, food, and household items.

Support Groups

Agency Name: **Alcoholics Anonymous**
Address: Meetings are held weekly at various locations in Rutherford County
Phone: (704) 865-1561
Website: www.wpintergroup.org
Agency Name: **Al a Non**
Address: First United Methodist Church, 264 N Main St., Rutherfordton, NC 28139
Phone: (828) 288-2767
Email: firstchurchadmin@bellsouth.net
Website: <http://fumcrutherfordton.org>
Service(s) Offered: Support group every Monday night at 7:00pm. Al a Non is for friends and family of persons living with alcoholism.

Agency Name: **Autism Society of NC, Rutherford-Polk Chapter**
Address: Temple Baptist Church, Henrietta, NC 28076
Phone: 828-980-2903
Contact: Christy Baynard
Email: craftychrisyb@bellsouth.net
Service(s) Offered: Meets at 7pm the second Tuesday of each month. Childcare provided. Sign up is requested for childcare, in order to provide the appropriate number of sitters.

Agency Name: **Christian 12 Step Open Arms Support Meeting**
Address: Community Empowerment Bldg., 129 First St., Forest City, NC 28043
Phone: (828) 305-1280
Service(s) Offered: Substance abuse support group

Agency Name: **Free Advance Care Planning (Hospice of Rutherford County)**
Phone: (828) 245-0095
Website: www.hospiceofrutherford.com
Service(s) Offered: Resources to help one plan for the future before a crisis occurs, to include Living Wills, And Health Care Power of Attorney. Please call for more information.

Agency Name: **GRACE support Groups (Hospice of Rutherford County)**
Phone: (828) 245-0095
Contact: Joey Revis or Patty Olson
Website: www.hopsiceofRutherford.com
Service(s) Offered: GRACE is for anyone in the community caring for a loved one with a long term illness. Please call for more information.

Agency Name: **Mom's Hope @ Missionary Wesleyan Church**
Address: 811 Doggett Rd.
Phone: (828) 287-3687
Contact Person: Chris
Service(s) Offered: Offers hope and support for mothers who face daily struggles and fears when their children are addicted to drugs or alcohol. The group meets at 6:30 pm the second Thursday of each month.

Agency Name: **NA/AA Meetings @ New Life Christian Fellowship**
Address: 601 E. Main St., Spindale NC 280160
Phone: (828) 247-4681
Contact Person: James Keeter
Service(s) Offered: Meets every Monday at 7 pm. Please call for more information.

Agency Name: **Narcotics Anonymous**
 Phone: 1-888-370-6262
 Website: www.sfana.com
 Service(s) Offered: A non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean.

Agency Name: **Pink Ladies Cancer Support Group**
 Address: Rehab Resource Center behind Belks
 Phone: (828) 245-4596
 Service(s) Offered: Breast cancer survivors meet the first Monday of the month, 5pm-6:30pm. Sponsored by Rutherford Regional Health System.

Agency Name: **PROMISE Support Group (Hospice of Rutherford County)**
 Phone: (828) 245-0095
 Contact: Ask for Chaplain
 Service(s) Offered: This group is for parents who have lost children. Please call for more information, and to Pre-register for this group.

Agency Name: **Rainbows Grief Support Group**
 Address: Hospice of Rutherford County
 Phone: (828) 245-0095 (Please call to find out more)
 Service(s) Offered: Available for any child who has lost a loved one. Offered at no cost within the school system and Hospice of Rutherford County.

Agency Name: **Rutherford Regional Medical Center**
Diabetes Support Group, Crawford Building. 828-286-5502
 Meets every other Thurs/6:00pm. Call for details.
Stroke Support Group, Courtyard Room, 828-286-5198, Call for dates/time
Stop Smoking Support Group, Cancer Resource Center (behind Belks) 828-245-4596. Meets Tuesday evenings from 5:00-6:30

Transportation

Agency Name: **Rutherford County Transit**
 Address: 294 Fairground Rd, Spindale, NC 28160
 Phone: (828)288-1830
 Contact Person: Kelly Giles, Director
 Email: Kerry.Giles@rutherfordcountync.gov
 Website: <http://www.rutherfordcountync.gov/dept/transit/Main.php>
 Service(s) Offered: public bus route, a limited demand response service to the rural areas of the county, Medicaid transportation, elderly and disabled transportation, in & out-of county medical appointments.